

be there! do it!
Summer '11

9+
years

What's on
this summer
in Hertsmere?

What to do on these long lazy summer days?

If you are aged nine and over, **be there! do it!** offers you the freedom to choose how you spend your time so you can have a fun packed summer. All of the activities are really popular so check out what's on; choose your favourites and book as soon as possible to make sure you're in on all the action!

be there! do it!
Summer '11

9+
years

What's great about be there! do it! ?

- Things to do with other people your age!
- Unbeatable prices
- Some activities completely **FREE**
- Stay local or get out of town for the day
- Stuff to do with your friends, or with your family... or with both

- Quality assurance: activities advertised through **be there! do it!** are run by partners of Hertsmere Borough Council
- All activities on offer are things that young people themselves have asked for

Hertsmere Party in the Park

Open to everyone

Following the massive success of last year's event, Hertsmere Party in the Park is back, this time with three days of FREE outdoor entertainment staging a range of exciting acts from street dancers who you might have seen on the TV ... to musicians, drama and comedy it should be a sizzling hot hit.

Hosted by comedy duo Fontz and Shae, this is a day that you don't want to miss so grab your mates, bring a picnic and get on down to this event for some real fun in the sun.

Friday 29 July	Aberford Park Borehamwood	2pm-6pm
Friday 19 August	The Moatfield, Bushey	2pm-6pm
Friday 26 August	Furzefield Park, Potters Bar	2pm-6pm

We are still confirming acts. To keep up to date with who is performing on which days you can:

Join our Facebook Group: www.facebook.com/BeThere!DoIt!

Follow us on Twitter: @HertsmereBC

Find out the latest on our blog:
www.betheredoithertsmere.wordpress.com

Free
Event



Rhimes Lecointe
Justine of StreetDance 3D Movie

Boadicea

London born Rhimes is a leading UK artist, dancer and choreographer. Come and see her all female crew Boadicea in action, a collective of the UK's top female hip hop dance talent. Lovers of what they do and inspirations to both women and men, you will be mesmerised.

Turbo

Sky One Got 2 Dance Finalist 2011
Issac Baptiste a.k.a Turbo is one of the UK's best street dancers and a highly talented individual whose performances touch the very soul of all who watch him dance.



Outward Bound Day – Family

Family fun and activities. No age restrictions, the whole family is welcome to come along!

Cost: ONLY £2.50 per person for Hertsmere residents or £5 per person for non-residents

When: Saturday 30 July, 9am-5pm

Pick up points: Transport is provided. Pick up at 9am from Meadow Park Car Park, Brook Road, Borehamwood. Drop off at 5pm.

To book your place call 020 8207 7568

Learn to Fish

Come along any time throughout the day and get a free fishing lesson – all ages and abilities welcome. Tutors will provide all equipment free of charge. No need to book, just turn up and have a go.

Cost: FREE OF CHARGE - all ages welcome

When: Thursday 25 August, 9:30am-4pm

Where: Oakmere Park, High Street, Potters Bar

Kick Boxing

Kick-boxing lessons for all ages and abilities.

Cost: ONLY £3 for Hertsmere residents or £6 for non-residents

Age: For ages nine-19

When: Three dates to choose from. Tuesday 2 August, Thursday 4 August, Tuesday 9 August, 11am-12pm

Where: Holy Cross Church Hall, Balmoral Drive, Borehamwood, WD6 2QH

To book your place call 020 8207 7568

Street Dance and Capoeira

Find your artistic side and let it out in this high energy, fun class.

Cost: ONLY £2 for Hertsmere residents or £4 for non-residents

Age: For ages nine-19

When: Two dates to choose from. Saturday 6th August and Sunday 7th August, 12pm-2pm

Where: Hertsmere Centre, Potters Lane, Borehamwood, WD6 5LG

To book your place call PAIR DANCE on 0203 489 9223 email:admin@pairedance.org

Horse-riding Experience

Think horse-riding looks fun? This is a one-off taster session where you will learn the basics. Your lesson will include how to look after a horse, what they eat, grooming and tacking up.

Cost: ONLY £10 for Hertsmere residents or £20 for non-residents

Age: For ages 11+

When: Eight dates to choose from. Any Tuesday or Friday from 2 August until 26 August, 10am-12:30pm

Where: Penniwells Farm, Edgwarebury Lane, Elstree, WD6 3RG

To book your place call 020 8207 7568



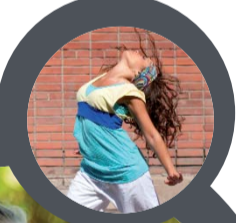
BMX Ramps

A half pipe and ramps of all different sizes will be set up at The Moatfield, Bushey for BMXers. No need to book, just turn up. Helmets will be provided and must be worn.

Cost: FREE OF CHARGE

When: Friday 29 July 12pm-3pm, Friday 19 August 2pm-6pm (as part of Party in the Park), Friday 2 September 12pm-3pm

Where: The Moatfield, Bournehall Lane, Bushey



Arsenal Soccer School

Come and learn to play the Arsenal way. Learn and improve your skills and make new friends. During the day you will be coached by qualified Arsenal in the Community coaches and play in matches and tournaments.

Cost: £12 per day or £30 for three days for Hertsmere residents or £20 per day and £50 for three days for non-residents.

Age: For ages five-13

When: Monday 1 – Wednesday 3 August, 10am-3pm

Where: Parkside Community Primary School, Aycliffe Road, Borehamwood, WD6 4EP

To find out more call 020 8207 7801 or email Helen.Bottomley@hertsmere.gov.uk

Go-Karting

Experience the thrill of being like Formula-1's Lewis Hamilton. Join the team of racers through the bends and turns that will challenge you and your co-ordination skills.

Cost: ONLY £12 (including transport) for Hertsmere residents or £24 for non-residents

Age: For ages nine-14

When: Two dates to choose from: Wednesday 17 August or Wednesday 24 August, 10:30am-3pm

Pick up and drop off points:

Hertsmere Council Offices, Elstree Way, Borehamwood, WD6 1WA

To book your place call 020 8207 7568

Fire Station

Your chance to find out what happens in a Fire Station. Learn about cutting equipment; see demonstrations of using the water hose and lots of fun activities to teach you about fire safety – not forgetting hose races! A great fun session.

Cost: ONLY £3 for Hertsmere residents or £6 for non-residents

Age: For ages nine-13

When: Friday 5 August, 10:30am-12:30pm

Where: Elstree Way, Borehamwood, WD6

To book your place call 020 8207 7568



PLEASE NOTE: You may not swap places with any other person. We may ask you for proof of residency. On occasions due to circumstances beyond our control, activities may have to be cancelled. We regret we cannot provide refunds or accept exchanges.

If you would like a document in a different language or format please call 020 8207 7801 or email customer.services@hertsmere.gov.uk and we will do our best to help.

Join our Facebook Group:
www.facebook.com/BeThere!DoIt!

Follow us on Twitter: @HertsmereBC

Find out the latest on our blog:
www.betheredoithertsmere.wordpress.com

Telephone: 020 8207 7568

Email: community.services@hertsmere.gov.uk

Summer Fun Week – Mini Olympics

This year's summer fun week takes on an Olympic feel as we count down to London 2012. Try football, netball, Kwik cricket, athletics, ultimate Frisbee, basketball, table tennis, trampoline, badminton and more.

NEW FOR THIS YEAR – Day-o-Drumming (Caribbean Steel Pans) and Bollywood Dance.

- Cost:** Amazing value at less than £2.50 per hour (£70 for five days)
- Age:** For ages eight-13
- When:** Two weeks to choose from: Monday 25 to Friday 29 July or Monday 1 to Friday 5 August, 9am-3pm
- Where:** Hertswood School, Upper Site, Thrift Farm Lane, WD6 1TS

To book your place call Extended Schools on 020 8238 7282

Summer Cooking Workshops

Come and learn how to cook a two-course* meal that everyone will be impressed with. All equipment and food will be provided.

* Producing two courses is subject to time constraints.

- Cost:** £9 for everyone
- Age:** For ages 10-12
- When:** Two dates to choose from: Wednesday 3 August or Wednesday 10 August, 10am-12pm
- Where:** Mount Grace School, Church Road, Potters Bar, EN6 1EZ

To book your place call 01707 655512 x252 or 07525 765232



Adrenaline High

A day of adventure activities to get the adrenaline pumping. Test your wits and skills in a range of fun challenges, including an obstacle course, climbing wall, archery, water wars, mega-skiing, coconut tree climb, ultimate Frisbee and much more.

- Cost:** ONLY £15 (including 2 course hot lunch and transport) for Hertsmere residents or £30 for non-residents
- Age:** For ages nine-12
- When:** Four dates to choose from: Monday 15, Tuesday 16, Monday 22 and Tuesday 23 August, 10am-3pm

Pick up and drop off points: Furze Field Centre in Potters Bar, Colney Fields Retail Park, Shenley Primary School.

To book your place call 020 8207 7568

Fun Play Schemes

For ages four to 12

Hertsmere's Play Schemes provide fun, exciting and innovative activities to children aged four to 12 throughout the borough; designed to capture their attention and imagination. We've lined up an amazing summer packed full of awesome activities with five different programmes to choose from:



Free

Arsenal:

Learn how to play football the Arsenal way – some of Arsenal's top coaches will take you through your paces.

Artplay:

You bring your creative and wild imagination and we bring all the materials! Paint, pencils, clay, hats, jewellery; this is your chance to make almost anything you can think of.

Dramaplay:

Your chance to be part of creating a show; act, learn songs, dances and prepare the set. At the end of the week, you'll be able to perform in your own production to a real live audience. (5 DAY PROGRAMME ONLY)

Musicplay:

School of Rock (learn to play as part of a rock band). Try your hand at drumming or learn to sing. Whatever type of music you like; this is your chance to try new things and shine.

Sportplay:

This year we celebrate the Olympics with a variety of sports and linked art work. The week will culminate in a fun competition on the Friday afternoon which parents and carers are invited to take part in.

For more information, dates, prices and locations please visit www.hertsmere.gov.uk/play or telephone 020 8207 7568

National Playdays

Ages five-16

Come and join the fun and new experiences. Try face painting; create works of art, sport, dance and much more. No need to book, just turn up.

The Moatfield, Bushey
When: Monday 1 August 2pm-5pm

Oakmere Park, Potters Bar
When: Wednesday 3 August 12pm-3pm

Aberford Park, Borehamwood
When: Friday 5 August 2pm-5pm

Play Rangers

Ages five+

Coming to an open space near you. It's free, it's fun, just turn up, meet us and bring your ideas!

Bushey

Every Monday from 1 August to 22 August

Where: Millbrook Road 12pm-2pm
Windmill Park 3pm-5pm
The Moatfield 6pm-8pm

Elstree, Radlett, Borehamwood

Every Tuesday from 2 August to 23 August

Where: Elstree Composers Park 12pm-2pm
Philimore Rec, Radlett 3pm-5pm
Meadow Park 6pm-8pm

Potters Bar

Every Wednesday from 3 August to 24 August

Where: Oakmere Park 12pm-2pm
South Mimms, Glebeland 3pm-5pm
Furze Field Park 6pm-8pm

Free



Shenley/Borehamwood

Every Thursday from 4 August to 25 August

Where: Shenley (area near Tesco), 12pm-2pm
Farriers Way, Borehamwood, 3pm-5pm
Organ Hall, Borehamwood, 6pm-8pm

Borehamwood

Every Friday from 5 August to 26 August

Where: Aberford Park, 1pm-3pm
Ripon Park, 4pm-6pm

Arabian Nights in the Park

Herts Inclusive Theatre is hosting a four-day summer drama and performance workshop. The workshop offers the opportunity to learn acting, singing and movement skills, and end the workshop with an outdoor performance of Arabian Nights in Cassiobury Park in Watford.

- Cost:** £40 or £60 for two siblings.
- Age:** For ages five – 21
- When:** Monday 8 August-Wednesday 10 August 10am-3:30pm, Thursday 11 August 12pm-8pm
- Where:** The Muse, Watford Grammar School for Boys, Rickmansworth Road, Watford, WD18 7JF

To book your place call 07857 986364 or email hertsinclusivetheatre@live.co.uk

Fun activities throughout Hertsmere Leisure Centres

Monday 25 July through to Sunday 4 September, Prices vary starting at just £2!

Hertsmere Leisure has a jam packed programme of activities at all of their leisure centres in Hertsmere for the entire summer. Discounted rates apply for members, or those who hold a Hert Card or a Leisure Card and look out for special activities that are completely FREE!

Please contact each centre directly or visit www.hertsmereleisure.co.uk for more details.

Holiday Camps

Fun packed holiday camps offering all sorts of things to do from sports, arts and crafts to team games and exciting days out. Activities may vary at each site.

- Age:** For ages five-14
- When:** Monday to Friday, 8:45am-5:30pm (times may vary slightly)
- Where:** All Centres (excluding The Venue)

Free Swimming

Grab your friends, come down to your local swimming pool and cool down on a sizzling hot day. To add to the fun, it's completely FREE of charge if you are 16 and under (available to Hertsmere residents only).

- Age:** 16 and under
- When:** Monday, Wednesday and Friday: 7:30am-9:30am and 4pm-6pm
- Where:** All Centres (excluding Hertswood)

Hertswood Centre, Borehamwood

For more information or to book call the Hertswood Centre on 02083 875600

Youth Football

Come and play on our all new 3G all weather pitch, no training, no fitness just play in a football match and have fun with your mates.

- Age:** For ages 11-15
- When:** Every Tuesday 5:30pm – 6:30pm

Junior Boot Camp

Have you and your mates got what it takes to complete the full 60 minutes boot camp challenge? A combination of fun exercises including boxing with a military twist.

- Age:** For ages eight-15
- When:** Every Thursday, 5:30pm – 6:30pm

The Venue, Borehamwood

For more information or to book call The Venue on 020 8386 9886

Table Tennis

Cost: £3.50 per hour, call reception to book your slot

Fun in the Pool

Swim with Inflatables and Floats.

When: Tuesdays-Fridays, 2pm-3:30pm (there is no session on 26 August)

Water Walkerz

Walk on water in a giant 'hamster' ball.

When: Every Wednesday, 10.30am-12.30pm

Learn to Swim Crash Courses

Intensive weekly courses for Toddler 1/2 & ASA Stages 1/2/3/4/5.

Youth Gym

Want to get fitter? Come and try our gym sessions. A one-off induction is required (which is included in your first session).

- Age:** For ages 12-15
- When:** Monday to Friday 10:30am-11:30am, Monday to Thursday 3:30pm-4:30pm or 4:30pm-5:30pm, Friday 3pm-4pm or 4pm-5pm or 5pm-6pm, Saturday and Sunday all day.

Furze Field Centre, Potters Bar

For more information or to book call The Furze Field Centre on 01707 850500

Soccer PM

Our qualified coaches will show you how to enjoy the sport as well as everything that is good with football: skills, tactics and having fun with team mates.

When: Every Friday in August, 5pm-5:55pm

SHOKK Gym

SHOKK Gym has all the equipment that you would find in an adult gym. A one-off induction is required (which is included in your first session).

- Age:** For ages eight-16
- When:** Monday to Friday, 1pm-2pm and 6pm-7pm
- Junior Pedal X** (height restrictions apply)
Age: For ages eight-16
- When:** Every Wednesday, 5pm – 5:55pm

Junior Zumba

Zumba is part dance and part aerobics, a fabulous fun cardio dance fitness workout designed for absolutely anyone.

- Age:** For ages 14-16
- When:** Every Tuesday in August, 2pm-3pm

Bushey Grove, Bushey

For more information or to book call Bushey Grove on 01923 470140

10th Anniversary Summer Fun Day

Come along to our FREE Fun Day and enjoy inflatable swim sessions, fitness master classes, tots football, bouncy castle and trampoline, tennis tasters, a BBQ and more.

- Age:** FREE OF CHARGE - Open to everyone
- When:** Sunday 17 July, 10.30am-4pm

Youth Gym

Want to get fitter? Why not come and try our gym sessions. A one-off induction is required (which is included in your first session).

- Age:** For ages 12-15
- When:** Anytime Monday-Friday between 9am-5:30pm, Saturday from 12.30pm-7pm and Sunday from 12:30pm-8pm

Junior Aqua Class

Workout in the water to disco beats using aqua weights and woggles. Includes a free swim.

When: Thursdays 6:30pm-7pm

Inflatable Fun Session

Join in the fun at our huge inflatable and fun float session. Under eight's must be accompanied.

When: Every Sunday, 2pm-3:45pm

Crash courses available in swimming, trampolining and tennis.

PLEASE NOTE: You may not swap places with any other person. We may ask you for proof of residency. On occasions due to circumstances beyond our control, activities may have to be cancelled. We regret we cannot provide refunds or accept exchanges.

If you would like a document in a different language or format please call 020 8207 7801 or email customer.services@hertsmere.gov.uk and we will do our best to help.

