

Fun activities throughout Hertsmeire Leisure Centres

Monday 24 to Sunday 30 October

Hertsmeire Leisure has a jam packed programme of activities throughout October half-term. Discounted rates apply for members or those who hold a Hert Card or a Leisure Card and look out for special activities that are completely free!

Free Swimming

Age: 16 and under (available to Hertsmeire residents only, pre-registration required with proof of age and address.)

When: Monday 24, Wednesday 26, Friday 28 7:30am-9:30am and 4pm-6pm

Where: All centres (excluding Hertswood)

Day Camp

Fun packed days including swimming, team games, football, bouncy castle, craft activities and much more plus spooky special events for Halloween. Activities may vary at each site.

Age: For ages 8-14

When: Monday 24 to Friday 28 October

Where: All Centres (excluding The Venue)

Junior Gym

Want to get fitter? Why not come and try our gym sessions supervised by qualified fitness instructors. An induction must be completed prior to use.

Age: For ages 12-15

When: Monday- Sunday.
Contact the centre of your choice for session times

Where: Bushey Grove and The Venue

Furzefield SHOKK

Includes - induction, exercise programme, unlimited swimming, admission to fun swims, Shokk classes and Shokk gym session.

Cost: Membership £18 per month

NEW SK8 Disco

A fun disco session for families to enjoy skating whilst listening to the latest tunes.

When: Every Friday starting 21 October from 5:30pm-7pm

Where: Hertswood

Inflatable Fun Swim Sessions

Join in the fun at our various inflatable swim sessions, Water Walkerz and Super Splash. Under eight's must be accompanied.

When: Various

Where: Bushey Grove and The Venue

Junior Pedal X

Pedal your way through with the latest tunes to keep you motivated.

Age: 8+ (height restrictions apply)

When: Wednesday 26 October 5-6pm

Where: Furzefield

be there! do it!

October half-term '11

9+ years

13-19 years

What's on this October half-term and fireworks night in Hertsmeire?

Get in touch today!

Tel: 020 8207 7568 Email: community.services@hertsmeire.gov.uk

Find out the latest on our blog: www.betheredoithertsmeire.wordpress.com

Join our Facebook Group: [www.facebook.com/search 'be there! do it!'](http://www.facebook.com/search/be%20there!%20do%20it!/)

Follow us on Twitter @HertsmeireBC

Visit: www.hertsmeire.gov.uk

For more information, prices and to book many more exciting activities at Hertsmeire Leisure Centres, please contact each centre directly or visit

www.hertsmeireleisure.co.uk

be there! do it!

October half-term '11



If you are aged nine to 19, **be there! do it!** offers you the freedom to choose how you spend your time so you can have a fun-packed half-term. All of the activities are really popular so check out what's on, choose your favourites and book as soon as possible to make sure you're in on all the action.

What's great about be there! do it! ?

- Things to do with other people your age
- Unbeatable prices
- Some activities completely **FREE**
- Stay local or get out of town for the day
- Stuff to do with your friends, or with your family... or with both
- Quality assurance: activities advertised through **be there! do it!** are run by partners of Hertsmere Borough Council
- All activities on offer are things that young people themselves have asked for

BMX Ramps

A half-pipe and ramps of all different sizes will be set up for BMXers. No need to book, just turn up. Helmets will be provided and must be worn.

Cost: Free of charge
When & Where: Tuesday 25 October, 11am-2pm
Richmond Close, Potters Bar
Friday 28 October, 11am-2pm
The Moatfield, Bushey

Kickboxing

Kick-boxing lessons for all ages and abilities.

Cost: £3
Age: For ages nine -19
When: Tuesday 25 October, 11am-12pm
Where: Holy Cross Church Hall,
Balmoral Road, Borehamwood

To book your place please call: 020 8207 4504, email shanie@communityactionhertsmere.org or visit www.communityactionhertsmere.org

Halloween Family Team Games

Families compete against each other in a range of fun team games with a spooky twist. Transport and lunch included.

Cost: £10 per family.
Some FREE spaces available.
Age: All ages
When: Friday 28 October, 9am-4pm
Where: TBC

To book your place please call: 020 8207 4504, email shanie@communityactionhertsmere.org or visit www.communityactionhertsmere.org

Fire Station Fun

Your chance to find out what happens in a Fire Station. Learn about cutting equipment; see demonstrations of using the water hose and lots of fun activities to teach you about fire safety – not forgetting hose races! A great fun session.

Cost: £3
Age: For ages nine-13
When: Monday 24 October,
10am-11:30am
Where: Borehamwood Fire Station

To book your place please call: 020 8207 4504, email shanie@communityactionhertsmere.org or visit www.communityactionhertsmere.org

The Bushey Bop Sponsored 1K

Come along in fancy dress and move to live music whilst completing a 1K. The Bushey Bop is an organised fundraising event in aid of Herts Inclusive Theatre. Throughout the afternoon there will be live music, games and competitions.

Age: All ages
When: Sunday 30 October
Where: The Moatfield, Bushey

For more information please call: 07857 986364, email hertsinclusivetheatre.live.co.uk or visit www.hitproject.co.uk

Pro-Action

Pro-Action is a local organisation that runs free leadership training courses in sports and dance for young people. If you are interested in finding out more about these opportunities you can:

Visit: www.pro-actionherts.org
Tel: 01707 276859
Email: training@pro-actionherts.org
Facebook: search 'Pro-Action Hertfordshire'

Meadow Park Fireworks Night

A fantastic fireworks display set to music.

Cost: Free to attend
Age: Everyone welcome!
When: Saturday 5 November 7:30pm
Where: Meadow Park, Borehamwood

For more information please call 020 8207 1382 or email events@elstreeborehamwood-tc.gov.uk

Arsenal Soccer School

Come and learn to play the Arsenal Way. Learn and improve your skills and make new friends. During the day you will be coached by qualified Arsenal in the Community coaches and play in matches and tournaments.

Cost: Resident - day rate £12,
3 days £30
Non-resident - day rate £20,
3 days £50
Age: For ages 5-13
When: Monday 24 October to
Wednesday 26 October, 10am-3pm
Where: St Giles School, South Mimms

To book your place please call:
Helen on 020 8207 7801



ChannelMogo

Channelmogo is the one place online where you can go to find all the information you need as a young person in Hertfordshire. It is packed full of local information for all young people in Hertfordshire aged 11-19 (up to 25 with a disability). It also links to lots of other useful websites too. On Channelmogo you can get advice and find information, win prizes, get your voice heard, debate on the forums, write your own reviews and get creative, upload your film clips and music tracks and find out what's on in your area.

Visit: www.channelmogo.org

Youth Connexions

Youth Connexions will be offering the following activities and more during the October half-term.

Motorcycle Ride Short Course

Learn the basics of riding and caring for a motorcycle at the off-road track at Falconer School. Fully geared purpose-built off-road machines will provide you with an invaluable experience and the activity is a great confidence booster. Open to girls and boys. All equipment is provided.

Age: For ages 13-19
When: Tuesday 25 to Thursday 27 October
12pm- 3pm
Where: Falconer School, Falconer Road,
Bushey, WD23 3AT

Elm Court Activity Sessions

Come down to Elm Court in Potters Bar and get involved in a range of fun activities.

Age: For ages 13-19
When: Tuesday 25, Thursday 27 and
Friday 28 October, 7pm-10pm
Where: Elm Court Youth and Community
Centre, 363 Mutton Lane,
Potters Bar, EN6 3BP

Saturday Night Sports Project

You guessed it, it's all about sports! Fun exciting activities all focused on sports. The Hertswood Centre offers great spacious areas where you can participate in organised football and competitions, meet new people, get fit and learn how to use gym equipment.

Age: For ages 13-19
When: Saturday 22 October and
Saturday 29 October, 7pm-9pm
Where: Hertswood Centre, Potters Lane,
Borehamwood, WD6 5LG

For further information and prices of these and other Youth Connexions activities please contact the Hertsmere Youth Work Team

Tel: 01442 454060
Email: kali.birchley@hertscc.gov.uk
Visit: www.channelmogo.org



Play Rangers

Coming to an open space near you soon. Our Rangers are here for YOU. Tell them what you want to do and you can do it! It's that simple.

Cost: Free to attend
Age: For ages 5-19
When & Where:
Monday 24 October, Bushey
12pm-2pm,
Millbrook Road, WD23 2BU
3pm-5pm,
The Moatfield, WD23 3JU
Tuesday 25 October, Elstree/Radlett
12pm-2pm,
Composers Park, Elstree, WD6 3DG
3pm-5pm,
Phillimore Rec, Radlett, WD7 8DD

Wednesday 26 October, Potters Bar/Borehamwood
12pm-2pm,
Oakmere Park, Potters Bar, EN6 5JN
3pm-5pm,
Organ Hall, Borehamwood, WD6 4TB

Thursday 27 October, Shenley/ Borehamwood
12pm-2pm,
Area near Tesco, Shenley, WD7 9LP
3pm-5pm,
Farriers Way, Borehamwood, WD6 2SG

Friday 28 October, Borehamwood
12pm-2pm,
Aberford Park, WD6 5HQ
3pm-5pm,
Ripon Park, Ripon Way, WD6 2ND

No need to book just turn up.

PLEASE NOTE: You may not swap places with any other person. We may ask you for proof of residency. On occasions due to circumstances beyond our control, activities may have to be cancelled. We regret we cannot provide refunds or accept exchanges.

If you would like a document in a different language or format please call 020 8207 7801 or email customer.services@hertsmere.gov.uk and we will do our best to help.